

# Directions for Oral Use

Tempa•DOT®

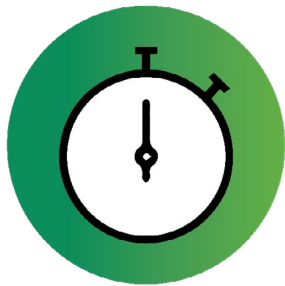
MEDICAL  
INDICATORS



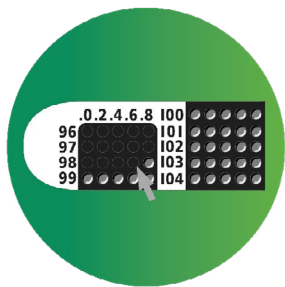
Open the package, fold along perforation, and tear off a single thermometer strip. Peel back the top of the wrapper and remove the thermometer by pulling on the exposed handle.



Insert the thermometer into the patient's mouth, and place under the tongue as far back as possible into either side heat pocket (as you would any oral thermometer). The dots can face either up or down. *Reminder: be sure to wait at least 15 minutes after eating, drinking or smoking.*



Have the patient press their tongue down on the thermometer while keeping their mouth closed for 1 minute (be sure to leave it in for the full 1 minute).



Remove the thermometer, wait approximately 10 seconds, and then read the temperature. The last blue dot on the matrix indicates the correct temperature.



The temperature reading will permanently lock in with Tempa•DOT® thermometers. Once you have read and recorded the temperature, discard the thermometer.